



Sedation vs. Sleep Dentistry

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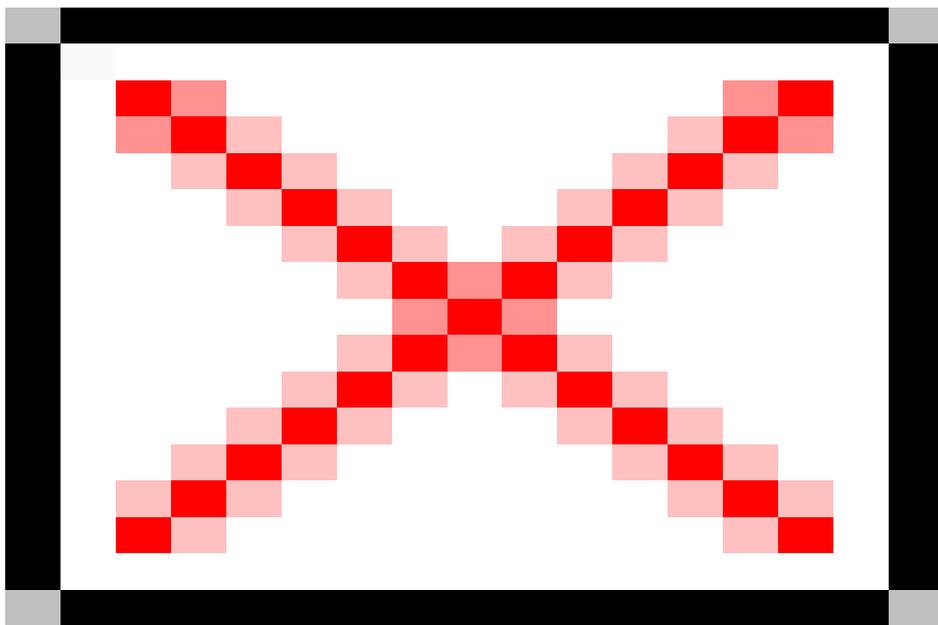
Aurora and Denver, Colorado

If you are curious about dental sedation solutions for anxiety, the [experienced sedation dentists](#) [1] at Aspenwood Dental Associates and Colorado Dental Implant Center can explain the options and describe the benefits of using sedation during all types of tooth and gum care. There are several solutions to help anxious patients get the dental care they need, including **sedation dentistry** and **sleep dentistry**. Sedation dentistry and sleep dentistry are very different methods of dealing with anxiety, despite the fact that many practices use these terms interchangeably.

Conscious Sedation

Sedation dentistry, also referred to as **conscious sedation**, is a method of inducing relaxation during dental treatment with the use of mild sedative medication. The medication is taken in pill form shortly before treatment. Sedation patients are awake and responsive during their dental work, but often remember very little about their experiences in the chair. The medications are safe and FDA-approved to combat the symptoms of anxiety.

Unconscious Sedation



Sleep dentistry is a more powerful tool to deal with dental anxiety involving medication that effectively **knocks out** the patient. General anesthesia is administered by an anesthesiologist in a hospital setting. While medicated, patients are unresponsive and completely unconscious during their dental treatments.

The Benefits of Conscious Sedation

At Aspenwood Dental Associates, we feel that conscious sedation is the safest, most logical choice for our patients. It is

convenient and affordable, and does not involve the level of monitoring or the hospital facilities necessary for the deep sedation of sleep dentistry. Our patients appreciate the simple pill form of sedation dentistry and the fact that the medication takes only a few hours to wear off.

Do not let fear keep you from getting important, necessary dental work done. Find out if **sedation dentistry** is your answer to dental anxiety during a free consultation with the [experienced dentists](#) [2] at Aspenwood Dental Associates. Please [contact](#) [3] our Aurora dental office today to schedule your first visit.

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Links:

[1] <http://www.aspenwooddental.com/about.html>

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